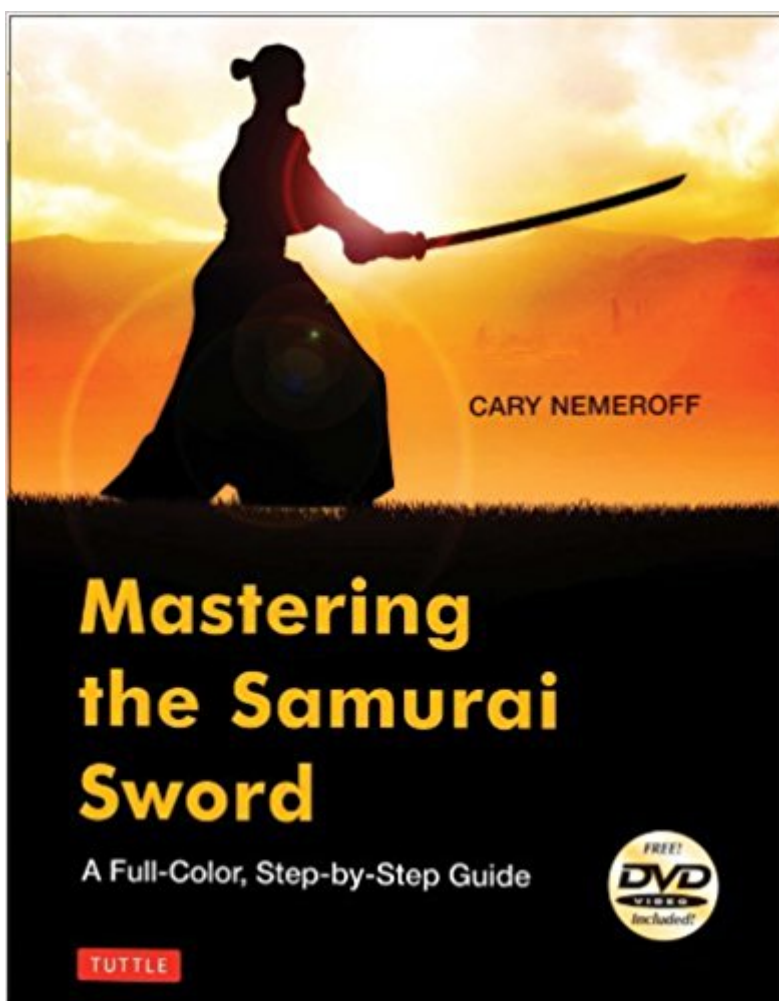


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Mastering The Samurai Sword: A Full-Color, Step-by-Step Guide [DVD Included]



Synopsis

Master the legendary weapon of the mighty samurai! Memorialized in countless books and movies, the history of Japan's fearsome samurai warriors is known all over the world. Who can forget these Japanese masters' skills with the sword? Today, samurai swordsmen no longer exist, but their legacy of swordsmanship endures. Now, the way of the samurai sword is learned in the martial arts *iai-jutsu* and *ken-jutsu*. This Japanese sword book is the perfect introduction to using this beautiful and ancient weapon. In *Mastering the Samurai Sword*, you'll learn the sword's fascinating history, its evolution, and the philosophy behind its use. You'll also learn practical guidance for mastering the sword itself. Full-color, step-by-step photographs detail many of the most useful and famous samurai moves, including: drawing the katana, guard positions, cutting blows, and blocking, falling and rolling techniques, and evasive strategies, standing forms and kneeling forms. All of the martial arts techniques discussed in this samurai sword book are performed for readers in an instructional DVD to help you perfect your form. Beginners will learn everything from proper attire and behavior in the dojo to how they might practice at home, while more experienced samurai sword people will find a new appreciation for the deeper meaning and tradition behind the graceful way of the sword.

Book Information

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Customer Reviews

Cary Nemeroff has earned 10th degree black belts in a variety of martial arts, including *iai-jutsu* and *ken-jutsu*. He conducts an extensive program of martial arts classes for adults and children in the NYC area.

I have been a student and instructor of numerous martial arts (Judo, Jujitsu, Karate-Do, Krav Maga, Combatives, Boxing, wrestling, Kendo, Kenjutsu, Tanto-Jutsu, Wakizashi-Jutsu, Hanbo-jutsu) in my more than sixty years of training. I have also been fortunate to have read and reviewed numerous books on these many martial arts. This book, *Mastering the Samurai Sword* by Cary Nemeroff, is one of the very best texts I have ever read on Ken-jutsu and Iai-jutsu. This fantastic book is organized into 14 detailed chapters covering the following material: The history of the Samurai sword, Iai-Jutsu and Ken-Jutsu, Knowing the sword, Selecting the right equipment for practice, Samurai attire, Saho (formal etiquette), Sword holds, Ken-Jutsu, Suburi (Cutting), Uke-Waza (blocking and evasive techniques), Ukemi and Shikko-Waza, Iai-Jutsu, Katas (standing forms, and Seiza Katas (Kneeling forms). There is also an excellent glossary section in this book. The photographs are all in color and the instructions are very clear, straight forward, and easy to follow. One of the things which makes this volume unique besides the excellent and detailed writing, is the DVD that comes with this book. I have always maintained that books can only do so much and the best results are achieved when you receive hands-on training under the watchful eyes of a competent instructor along with studying the book. The DVD in this book covers the material in the book where you can actually see in detail how the technique should be done. In this respect, if there is no place where you can obtain instructions from a qualified Ken-jutsu and Iai-Jutsu instructor, following the material CLOSELY in the book and DVD, you may be able to develop a basic level of skill using the Katana (Samurai Sword). Whether you are actively taking Ken-jutsu or Iai-Jutsu from an instructor, or just training alone, this book and DVD is a must own for all serious students of Ken-Jutsu and Iai-Jutsu. Keep in mind that you must do more than just read this book, it must be studied closely if you intend to get the most out of this text book. Rating: 5 Stars. Joseph J. Truncale (Author: *Wakizashi-Jutsu: An official manual of Bushi Satori Ryu*)

This was for my son. I liked it very much.

Recommended, especially for someone becoming a student in a dojo (school environment). Well written text, delivered promptly by a good bookseller I would definitely like to conduct business with again.

Very wordy, not what I was expecting. Good for the history of the technique. I was just looking for katana.

Well written, great book . Learned a lot for it!

To master your breath... is to master your- self. Thank you.

Looking forward to the read.

Quality production

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